Thank you for your interest in the SAIL program. This Self-Assessment is a tool designed to help you determine whether or not portfolio development will help you meet your degree-completion objectives. After review of your résumé and program tracking sheet with your academic advisor, you are encouraged to bring this completed Self-Assessment to your initial meeting with the PLA coordinator. Once the PLA coordinator has determined your eligibility, please submit this Self-Assessment, along with the SAIL Application, to Metropolitan School of Professional Studies (Attention: PLA Coordinator), 334 Pangborn Hall. Enrollment in MID 50/350 is contingent upon submitting both the SAIL self-assessment and SAIL application.

Please respond to each of the following questions:

Section I: Prior Learning

1. Based upon your résumé and prior work/life experiences, please identify the MSPS course for which you believe portfolio development might be most appropriate (refer to the MSPS course catalog at http://metro.cua.edu/courses/). Please fill out a separate self-assessment form for each portfolio area/subject you are interested in.

<table>
<thead>
<tr>
<th>Course Number</th>
<th>Course Name</th>
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<tbody>
<tr>
<td>Ex: MBLI 205</td>
<td>Contemporary Marketing</td>
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2. Please list the five most important job functions you engaged in or skills you used during this particular work/life experience:

1. 

2. 

3. 

4. 

5. 

3. For each area/subject, please describe the a) experience(s), b) the learning you obtained from the experience(s), and c) how you would document it (e.g., certificate of completion, official letter, etc.):

___________________________________________________________________________
___________________________________________________________________________
___________________________________________________________________________
___________________________________________________________________________
4. If you had to describe this particular experience to someone else unfamiliar with it, would you be able to do so? What knowledge would they have to have in order to do the same thing?

5. Did this experience include increasing responsibilities and accountability? Please describe the experience(s), the learning you obtained from the experience(s), and how you would document it (e.g., certificate of completion, official letter, etc.):

Section II: Academic Skills

1. Please describe your strengths and areas for improvement as a writer:

2. Please describe your strengths and areas for improvement as a researcher:

3. Please describe your strengths and areas for improvement with regard to time management:
4. Please describe your strengths and areas for improvement with regard to working independently:

Please feel free to include additional comments in the space provided: