CUA's Metropolitan School of Professional Studies (MSPS) strives to deliver an unparalleled level of service our adult students. As part of our commitment to student service and development, we have compiled this list of workshops, seminars, and programs offered by MSPS and its campus partners. These workshops provide students with opportunities for personal, professional and academic development.

Look for workshop announcements, including dates, times and details in our weekly email announcements.

**Wednesday, January 28**
5:30 – 6:30 p.m., Caldwell Auditorium

How to Succeed in a Math Course  
Presented by the Center for Academic Success

**Thursday, February 5**
5:00 – 6:00 p.m., Pangborn 303

Excellence in Academic Term Paper Writing Workshop (SDS)  
Presented by Metropolitan School of Professional Studies

**Tuesday, February 10**
6:30 – 7:30 p.m., Alumni Relations, O'Connell Hall

Reading for Comprehension  
Presented by the Center for Academic Success

**Wednesday, February 11**
7:00 – 8:00 p.m., Pryzbyla 327

Protecting Your Digital Identity  
Presented by the Career Services Office

**Tuesday, February 17**
7:00 – 8:00 p.m., Pryzbyla 351

Job/Internship Search Crash Course  
Presented by the Career Services Office

**Wednesday, February 25**
7:00 – 8:00 p.m., Pryzbyla 327

Writing Workshop: Organization and Structure  
Presented by the Center for Academic Success

**Wednesday, March 4**
6:00 – 7:00 p.m., Pryzbyla 327

Salary Negotiation for Women  
Presented by the Career Services Office

**Tuesday, March 17**
7:00 – 8:00 p.m., Pryzbyla 323

How to Work a Career Fair  
Presented by the Career Services Office

**Wednesday, March 18**
7:00 – 8:00 p.m., Pryzbyla 321

Smart Apps for Smart Studying  
Presented by the Center for Academic Success

**Wednesday, March 18 & Thursday, March 19**
9:00 a.m. – 4:45 p.m. Pryzbyla 127

Resume Days  
Presented by the Career Services Office
**Friday, March 20**  
10:30 a.m. – 2:30 p.m., Pryzbyla Great Rooms  
**Spring Career Fair**  
Presented by the Career Services Office

**Monday, March 23**  
6:00 – 8:00 p.m., Pryzbyla Great Room C  
**Start-Ups Career Panel**  
Presented by the Career Services Office

**Wednesday, March 25**  
7:00 – 8:00 p.m., Pryzbyla 351  
**Overcoming Writer’s Block**  
Presented by the Center for Academic Success

**Friday, March 27**  
5:30 – 8:30 p.m., Scullen Room  
**Business Case Competition (SDS)**  
Presented by Metropolitan School of Professional Studies

**Thursday, April 9**  
7:00 – 8:00 p.m., Pryzbyla 351  
**Finals Crunch!**  
Presented by the Center for Academic Success

**Wednesday, April 15**  
5:00 – 6:00 p.m., Pangborn 323A  
**Career Networking (SDS)**  
Presented by Metropolitan School of Professional Studies

Please consult [http://metro.cua.edu/studentservices/student-development-series.cfm](http://metro.cua.edu/studentservices/student-development-series.cfm), [http://careers.cua.edu/new/index.cfm](http://careers.cua.edu/new/index.cfm) and [http://success.cua.edu/Workshops.cfm](http://success.cua.edu/Workshops.cfm) for the most up-to-date information. (SDS) denotes workshops offered exclusively to MSPS students. Register for SDS events by calling 202-319-5256 or send an email to metropolitan@cua.edu. If you require special accommodations in attending SDS events, please contact us at metropolitan@cua.edu

**Please note: all dates and times are subject to change.**